STARTERS

Garlic Parmesan and Chilli Chicken Wings

€12.00/€16.00

chive and crème fraiche dressing, celery sticks

Contains: mustard, egg, celery, wheat, milk

Soup of the Day (VE)(VG)

€8.50

homemade brown bread

Contains: wheat, celery, milk

MAINS

Grilled Irish Beef Burger €23.00

brioche bun, burger sauce, baby gem lettuce, tomato, cheddar cheese, dill pickle, skinny fries

Contains: wheat, milk, sesame, sulphur dioxide, mustard, egg

Katsu Curry Fried Chicken Burger €21.00

brioche bun, baby gem, rainbow slaw, pickled cucumber, katsu curry mayo

Contains: wheat, milk, celery, sulphur dioxide, mustard, egg

Traditional Chicken Karahi €22.50

garlic and coriander naan, steamed basmati rice, coconut and peanut chutney,

Contains: milk, peanut, sulphur dioxide, mustard, wheat

Vegan Dal Makhani (VE)(VG) €19.00

charred poppadum, mango chutney, steamed basmati rice, pickled red onion

Contains: mustard, sulphur dioxide

SANDWICHES

Mespil Toasty €16.00

smoked ham, cheddar cheese, emmental cheese, honey mustard dressing on ciabatta

Contains: wheat, milk, mustard

Italian Salami Bagel €16.00

salami, mortadella, red pepper, provolone cheese, rocket

Contains: wheat, milk, mustard

Cajun Turkey Wrap €15.00

spinach, sundried tomato pesto, red onion

Contains: wheat, milk, pine nuts, mustard

All sandwiches served with chips or soup & mixed leaf salad

SALADS

Mespil Caesar Salad €15.00

baby gem lettuce, sourdough croutons, bacon, parmesan dressing, boiled egg add warm grilled chicken €6.00

Contains: wheat, eggs, milk, mustard, sulphur dioxide, walnut, pistachio, almond

Baby Spinach Salad (VE)

€15.00

sweet potato, apple, walnut, chilli lemon dressing add warm grilled chicken €6.00

contains: sulphur dioxide, walnut, mustard

Mediterranean Salad (VE)

€15.00

chickpeas, cucumber, cherry tomato, feta, black olive, oregano, sherry dressing add warm grilled chicken €6.00

Contains: mustard, sulphur dioxide, milk

Dessert menu available upon request